

# The Pathogen Hypothesis For Male Homosexuality

“Saccharine Psycho-Virus”

The Pragmatopian & Zero Contradictions

May 2, 2024

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## 1 Introduction

Many authors have previously suggested that pathogens may be a possible cause of homosexuality, including Gregory Cochran in 2000<sup>1</sup>, Steve Sailer in 2003<sup>2</sup>, Peter Frost in 2009<sup>3</sup>, Brittonic Memetics in 2023, and likely many others that I am unaware of. Additionally, the pseudonymous youtube essayist “Blithering Genius” has elaborated on the hypothesis perhaps most eloquently in his 2016 video, “Sacculina”, and his 2023 essay “Parasites, Emotions, and Identity”. This theory became viral on September 20, 2021, when an anonymous user on 4chan’s *pol* posted a hypothesis<sup>4</sup>, which

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<sup>1</sup>Cochran, G.M., Ewald, P.W., & Cochran, K.D. (2000). Infectious causation of disease: an evolutionary perspective. *Perspectives in Biology and Medicine*, 43, 406-448. <https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.182.5521&rep=rep1&type=pdf>

<sup>2</sup>Sailer, Steve. (2003 August 17). “Gay Gene Or Gay Germ?”. *VDare*. <https://vdare.com/articles/gay-gene-or-gay-germ>.

<sup>3</sup>Frost, Peter. (2009 February 19). “Origins of male homosexuality: the germ theory”. *Evo and Proud*. <https://evoandproud.blogspot.com/2009/02/origins-of-male-homosexuality-germ.html>.

<sup>4</sup>

became informally known as the “worm pill”.<sup>5</sup> There is a cultural bias in the Modern West against viewing homosexuality as a disorder, so there isn’t that much research into its causes. This essay is a comprehensive, yet succinct look at the pathogen hypothesis for male homosexuality, with regard to the implications it has for specifically. As of now, we are reserving judgment on other speculative effects of pathogen infection, those being motivation to engage in other forms of abnormal sexual behavior: transsexualism, bestiality, etc.


Note that female homosexuality likely has different causes from male homosexuality. The evidence for the pathogen hypothesis doesn’t fit as well for female homosexuality. We also know that other proposed causes of male homosexuality don’t apply to female homosexuals, and that female same-sex-attraction is more continuously distributed along the Kinsey scale compared to male same-sex-attraction. Some biologists have speculated that female homosexuality is a by-product of genetic selection. In any case, female homosexuality is not the focus of this essay.

## 2 Evidence in Favor of the Pathogen Hypothesis

There are known examples of similar phenomena that occur in the wild. A parasite called Sacculina infects a male crab by attaching to its genitals and giving it hormones to make it behave like a female crab. It then causes the male crab to nurse the Sacculina’s eggs. The parasite reproduces and the cycle continues. A more commonly known example is Toxoplasma Gondii. These parasites reproduce in the intestines of cats and lay eggs in the cat’s feces. They then spread to other intermediary hosts such as rodents. The parasite infects and modifies the behavior of rodents to make them attracted to cats, rather than fearful of them. The cat then eats the infected rodent, and Toxoplasma Gondii is able to reproduce again. These are well established examples of parasites exploiting another organism’s form for their own benefit.

All STDs are caused by pathogens. Virtually every STD is orders of magnitude more prevalent among Men Who Have Sex with Men (MSM) than it is among the general population. We’re not claiming that there are known STDs that make people gay, but this does demonstrate that pathogens do spread better among homosexual men than other populations.

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**Homosexuality is caused by parasites** Anonymous (ID: [py0XKscM](#)) 09/20/21(Mon)19:55:25  
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Let’s take a look at my hypothesis for homosexuality. Right off the bat, there is no genetic incentive for homosexuality. It breeds itself right out of existence. Psychology tries to find ways to defend it as some sort of social mechanism, but this again runs into the brick wall of it going extinct almost instantly on evolutionary timescales. I do think, however, there is another explanation for homosexuality.

>Parasites  
Yes, parasites. Take for example toxoplasma Gondi. When it infects rodents, it alters their behavior to make them more likely to be eaten by cats, where toxoplasma Gondi can then reproduce. [https://en.m.wikipedia.org/wiki/Toxoplasma\\_gondii](https://en.m.wikipedia.org/wiki/Toxoplasma_gondii)

Homosexuals have an astoundingly high rate of infection by parasites. According to the national institute of health, 70% of all homosexual men are infected with intestinal parasites, as opposed to only 10% of straight men. <https://pubmed.ncbi.nlm.nih.gov/7437971/>

This astoundingly high rate of infection by parasites might then explain why homosexuals have such an increased urge to fornicate. These intestinal parasites always need new hosts. Without a viable vector of transmission, the parasite dies. The incredibly high rate of parasitic infection amongst the homosexual population explains why they are so sexually degenerate. Their behavior is being altered in much the same way as the rat’s behavior is altered by toxoplasma Gondi in order to allow to parasite to survive.

This would also explain why the media is freaking out about ivermectin. Ivermectin is potentially the most effective parasite removing drug available. An anecdotal case in my family gives me strong suspicion that ivermectin might actually be a cure for homosexuality. My cousin was a homosexual, until he was prescribed ivermectin for covid. After taking ivermectin, he filled a toilet bowl with intestinal worms. Shortly thereafter, he lost all attraction to men, and found women sexually attractive. He was repulsed by his previous nature.

<sup>5</sup>To be clear, we see no reason to suspect a worm specifically for the pathogen. We only suspect an unidentified pathogen of some type.

Furthermore, most people are disgusted by homosexual intercourse and sexual promiscuity. This instinct (commonly labeled “homophobia”) is part of the immune system, and is usually reserved towards disease and infection vectors that humans have been exposed to for millennia, such as decaying organisms, insects, arachnids, fecal matter, etc. This natural instinct is so strong that cultures and religions have evolved explicit values and policies against homosexuality (e.g. Islam and Christianity). Similar religious policies include the banning of certain kinds of food, or unsafe preparation methods to limit the spread of disease. In homosexuals, the disgust response towards homosexual intercourse is gone, despite the high risk of catching a multitude of diseases that reside in fecal matter and may be transmitted via anal sex. Additionally, homosexual men tend to be more sexually promiscuous relative to normal people. They tend to have sex more often and with far more partners. These facts are consistent with the pathogen hypothesis because an intestinal pathogen would be able to spread itself to more hosts if its current hosts engage in frequent anal sex. These behavior patterns are also consistent with the disgust response in homosexuals being suppressed by something. It could be that this specific yet simple behavioral effect happens to be good at propagating pathogens.

Pedophilia is another behavior that is more common among the homosexual population than the heterosexual population. “A study in the *Journal of Sex Research* found that although heterosexuals outnumber homosexuals by a ratio of at least 20 to 1, homosexual pedophiles commit about one-third of the total number of child sex offenses” (Dailey)<sup>6</sup>. This disparity fits the hypothesis, because it would be advantageous for pathogens to infect their hosts as early as possible if they rely on psychologically modifying their hosts. The younger the host, the more plastic the brain will be. Pathogens are thus motivated to cause their hosts to engage in sexual intercourse with young children and younger men. Some research also suggests that male victims of child sexual abuse are more likely to become victimizers themselves.<sup>7</sup>

Above all, the primary evidence for the pathogen hypothesis is homosexuality itself. Over 75% of homosexual couples don’t raise any children at all. Since homosexuals don’t reproduce nearly as much as heterosexuals, the condition is unlikely to be hereditary. If it were, then it would select against itself and be an evolutionary dead end. Instead, the condition is present in more than 1% of the male human population. This implies that most cases of homosexuality are caused by environmental factors, not genes. It’s thus the prevalence of homosexuality that requires explanation. We have yet to find any precise causal pathway to explain homosexuality, so we should prioritize investigating theories that could explain a prevalent maladaptive behavioral pattern. If a reproducing machine is doing something other than reproducing, we should suspect the involvement of a pathogen that has captured the machine.

None of the other theoretical causes of male homosexuality have any evolutionary reasoning to back them up or explain why homosexuality has continued to exist despite being maladaptive, which makes all of them unlikely. Since homosexuality is maladaptive, anything that causes it would be selected against by evolution, unless the cause is another reproducer of some sort. The pathogen hypothesis proposes that a pathogen evolved to cause male homosexuality, so it’s the *only* hypothesis that is compatible with evolutionary theory.

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<sup>6</sup>Bickerton, Sean T, and Timothy J Dailey. (2002 June 29). “Pedophilia and Homosexuality.” *The Washington Post*, WP Company, <https://www.washingtonpost.com/archive/opinions/2002/06/29/pedophilia-and-homosexuality/b385cfb3-8b58-449d-8af9-0cfdcd278978/?noredirect=on>.

<sup>7</sup>This is true according to the data in the external link, but the paper also recognizes that victimizers who were victims themselves during childhood make up a minority of male perpetrators.

### 3 Addressing Objections to the Pathogen Hypothesis

We would have already noticed a gay germ if there was one.

On that basis, it's somewhat unlikely to be a *known* pathogen. As far as I know, nobody is looking for a correlation between homosexuality and pathogens. I've never seen an epidemiological study of homosexuality (please contact me if there has been one). It could also be that the pathogen is something that most people have evolved resistance against.

To clarify, we're not claiming that a *known* STD is the cause. The hypothesis is that an *unknown* pathogen is the cause. It took a long time to connect ulcers to bacteria. In general, it can take a long time to identify a pathogen, even if you suspect one. It will be interesting if we ever do.

Lastly, if the argument is that the germ hypothesis is false because we haven't found the germ, then that would apply to every hypothesis since they have all failed to have found a specific causal mechanism yet.

But if the pathogen transmits itself through anal intercourse, then why would it limit its host population to men? Women can receive anal intercourse too.

Women may be another vector of transmission, but male-on-male sex is still a more efficient channel of transmission overall, compared to transmitting male to female or female to female. Males tend to higher sex drives and they have phalluses that make it easier for newly infected hosts to spread the pathogen to other hosts via anal intercourse. Males thus require less modification than females for becoming viable hosts to pathogens. The higher prevalence of STDs among MSM also suggests that homosexual men would make better hosts for such a pathogen to procreate and multiply.

If the hypothesis was valid, one should observe an increase in risk of becoming homosexual after an infection with a pathogen. Such a relationship is not observed.

Perhaps, but since we're hypothesizing that male homosexuality may be caused by an *unknown* pathogen, we can't analyze a correlation unless we identify the pathogen to begin with. Also, given that the development of sexuality occurs later in life, it's possible that pubescent or prepubescent parasitic infections are the reason why we don't observe this relationship.

Homosexuals who are attracted to minors are typically interested in teenagers, not pre-pubescent children.

This does not refute the pathogen hypothesis because the adolescent brain is still developing and is more pliable than an adult one. Adolescent brains are also within the typical age range for when humans start to develop sexual attraction, so teenagers may have the most optimal brains for parasitic modification and re-wiring among all other potential hosts.

Are there other ways for the pathogen(s) to spread, besides anal intercourse?

If there is a pathogen, it's possible or even likely that it can be transmitted in other ways besides anal sex, but more research would be needed to determine what other infection vectors may be viable. Given the evidence, it's reasonable to assume that homosexuality is ancient, widespread and maladaptive, but each of these assumptions can be disputed.

## 4 Other Theoretical Causes of Male Homosexuality

There are other documented and proposed causes of homosexuality, and there is a consensus that hormones are involved in sexuality. Homosexuality is known to be associated with abnormal prenatal hormone levels during crucial neurological development periods (Sheppard)<sup>8</sup> and (Wilson)<sup>9</sup>. This may be a separate cause of male homosexuality, but if so, then it's assuming that a key human reproductive function has been causing 2 to 5% of males to have significantly less offspring without it being selected out. No one claims that evolutionary theory alone suffices to explain everything about human behavior or disorders, but evolutionary theory constrains any such explanation. If a proposed mechanism assumes natural selection somehow stopped acting with respect to this trait for hundreds of generations, then it is probably false. The hormonal imbalance hypothesis also cherry-picks its own evidence, since it ignores research about how homeostasis is hard to knock out of equilibrium in key reproductive functions. The hormonal imbalance hypothesis is thus not a solid explanation for male homosexuality because its premises are not consistent with evolutionary theory or physiology.

It's also possible that the hormonal imbalance hypothesis could be connected to the pathogen hypothesis, since there are known pathogens that control sexual development by secreting hormones (e.g. *Sacculina*), and also since people typically inherit their gut flora from their mothers during birth. Gut flora could affect the prenatal environment, the mother's immune system, or hormones in the mother's blood. If there is a connection between these two hypotheses, then the hormonal imbalance hypothesis would be consistent with evolutionary theory.

Another possible cause is having multiple older brothers, which can cause an immune response or an allergic reaction in the womb that turns male fetuses homosexual. The mechanism is thought to be a maternal immune response to male fetuses, whereby antibodies neutralize male Y-proteins that are thought to play a role in sexual differentiation during development.<sup>10</sup> Some estimates say that fraternal birth order causes homosexuality in at least one-sixth of all homosexual men. But once again, this hypothesis also fails to explain why homosexuality has persisted without its causes being selected out of the gene pool, i.e. genetic factors that contribute to the immune response in the mother's womb.

The validity of the Gay Uncle Hypothesis depends on the validity of kin selection theory. While it is true that some homosexuals do adopt children, the 2010 US Census shows that about ~80% of children raised by homosexuals are the biological offspring of one of the homosexual partners. Homosexual men are also far less likely to have biological children than homosexual women. More generally, Kin selection theory is based on fallacious reasoning, so it should be rejected in favor of the phenocentric theory of biological purpose. There's also no widespread evidence of gay uncles caring for their nieces and nephews, among humans or in nature. That said, we can soundly reject the Gay Uncle Hypothesis since there is no sound reasoning to support it.

George Francis has written an article arguing that data from Genome-Wide Association (GWA) studies suggests that antagonistic pleiotropy is a more likely cause of homosexuality. It's worth reading, and it seems to be more likely than the other proposed causes.

Cultural factors may also have some impact on people's sexualities. George Francis has written another article investigating this topic. Historically, left-handedness used to be considered taboo

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<sup>8</sup>Sheppard, Simon. (1995 January). *The Tyranny of Ambiguity: Homosexuality*, The Heretical Press. Retrieved August 19, 2022, from <https://www.heretical.com/sgs-2002/toa-s03x.html>.

<sup>9</sup>Wilson, Glenn. *The Great Sex Divide*, pp. 78-80. Peter Owen (London) 1989; Scott-Townsend (Washington D.C.) 1992. <https://www.heretical.com/wilson/hbrain.html>.

<sup>10</sup>Balthazart, Jacques. (2018 January 9). "Fraternal birth order effect on sexual orientation explained". Proceedings of the National Academy of Sciences of the United States of America. 115 (2): 234-236. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5777082>.

and superstitious. Left-handed people would often be violently punished if they used their left hand to write or whatever, so they learned to use their right hand. “Real” left-handedness, was seen as extremely rare and a minor thing that wasn’t significant at all. When it became socially acceptable to be left-handed, the rate of left-handedness skyrocketed. This is similar to how the rate of homosexuality skyrocketed as it became more acceptable. With this considered, it could be that there’s a large segment of the population that is homosexual and/or bisexual to some degree, and that it has only been suppressed by strong social pressure. In which case, only those who were the most unavoidably non-hetero actually acted on it, since the consequences were so severe. As society changes and adjusts, it becomes more and more acceptable, and the degree to which someone has to be non-hetero to embrace their sexuality goes down. A feedback loop of acceptance and normalization then occurs.

If we know that there are multiple causes of male homosexuality, then homosexuals could be separated into two groups if the pathogen hypothesis is true: 1. those who have been infected with pathogens, and 2. those who have not. If a large fraction of homosexuals are not affected by the pathogen, then future research could investigate the ratio of pathogen-infected homosexuals who did pedophilia vs non-pathogen-infected homosexuals who did pedophilia, and that could reveal more information about the strong correlation between homosexuality and pedophilia.

Some people may say that the pathogen hypothesis is too unlikely to have any possibility of being true. But given all the facts that we have stated about homosexuality and how humanity has been so unable to figure out all the factors and contributing causes to homosexuality, is the pathogen hypothesis really any more unlikely than the other proposed explanations, especially when they all fail to explain why homosexuality is so unexpectedly common in the first place?

## 5 Final Thoughts

For the record, I personally doubt that the pathogen hypothesis would explain a majority of homosexual men, let alone bisexuals and homosexual women. For other conditions and diseases that have unexplained causes (e.g. left-handedness, schizophrenia, narcolepsy, Parkinson’s disease, etc), the consensus among most scientists is that they have multiple causes and/or they’re caused by a combination of genetic and environmental factors, which is probably true in most cases. That said, I think that’s probably also the case for non-hetero sexual orientations, except that homosexuality (and bisexuality) is probably much more environmental since it’s simultaneously maladaptive and unexpectedly prevalent in spite of that. The purpose of this essay was only to make arguments for the pathogen hypothesis, in the interest of encouraging further research into it. If solid evidence proves that other causes of homosexuality are more likely, then we will rule out the pathogen hypothesis to the extent that it can be disproven. The antagonistic pleiotropy, prenatal immune response, prenatal hormone hypotheses, or some combination of them are probably the next most likely causes, and all of them should be investigated.

Most people presume that what we view as good or acceptable must be natural and normal. This general moralistic fallacy is the main reason why homosexuality is not considered a disorder in recent times. “Disorder” is a kind of value judgment, but with respect to an objective norm, such as biological function. The cultural view of homosexuality went from judging it as a “morally wrong” disorder in the DSM to “morally acceptable psychological disorder” to “natural, normal, and healthy”, and even to some extent “morally and personally good”. Nowadays, there is huge pushback to anyone pointing out the obvious fact that homosexuality is a biological disorder of some kind, because it’s perceived as saying “homosexuality is bad” (e.g. here’s the SPLC squawking about it). If the pathogen hypothesis can be verified to be a true cause of male homosexuality, it would be a

humiliating and terrifying blow to the LGBTQ+ movement that so much of its cultural activism and virtue-signaling was motivated by pathogens. But if we are interested in the truth, then we can't discount ideas just because they make us feel uncomfortable.

It's possible that drugs that purge intestinal pathogens such as ivermectin ("horse de-wormer") could be used to remove such pathogens and give infected people another choice about how they continue to live their lives, should this hypothesis be true. There is anecdotal evidence that this has worked<sup>4, 11</sup>. We recognize that this is a very speculative and controversial hypothesis, but nonetheless, we recommend that the scientific community conduct more research to investigate the pathogen hypothesis and the effects of pathogen cleansers on homosexuality.<sup>11</sup>

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## 6 Other Sources

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<sup>11</sup>This is not medical advice. You should always consult a medical professional before trying anything that may adversely change your health or lifestyle. This includes anything that involves ingesting ivermectin, turpentine, or other parasite/pathogen cleansers.